



**KEEP FROZEN**

# Apple Dumplings

**Net Wt. 2.75 lbs.**

<b>Nutrition Facts</b>		Amount/Serving	%DV*	Amount/Serving	%DV*
Serv. Size 1 Dumpling (215g.)		Total Fat 20g	21%	Total Carb. 68g	22%
Servings Per Container 4		Sat. Fat 5g	28%	Dietary Fiber 5g	12%
<b>Calories</b> 360		Trans Fat 5g		Sugars 40g	
Fat Cal. 180		Cholest 15mg	8%	Protein 3g	
<small>*Percent Daily Values (DV) are based on a 2,000 calorie diet.</small>		Sodium 130mg	8%		
		Vitamin A 2% • Vitamin C 6% • Calcium 2% • Iron 2%			

**INGREDIENTS:** Apples (Apples, citric acid, ascorbic acid, and calcium chloride to prevent browning), water, flour, partially hydrogenated vegetable oil, (soybean and cottonseed), sugar, pasteurized eggs, margarine [partially hydrogenated soybean, palm and cottonseed oils, skim milk, and cultured skim milk, salt vegetable mono and diglycerides, lecithin (emulsifier), artificial flavor, beta carotene (color), vitamin A added], cornstarch, vinegar, spices.

**CONTAINS EGG, MILK, SOY, WHEAT.**

**Distributed by:**  
**FRESH COUNTRY FUND RAISING**  
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