



SOUTHWEST CHICKEN VEGGIE ROLLS

12 - 2 Ounce Portions

INGREDIENTS: Filling - Seasoned Chicken (Chicken Meat, Water, Flavoring, Salt, Sodium Phosphate), Pasteurized Process Cheese Food Blend [Pasteurized Process Pepper Jack Cheese (Monterey Jack Cheese (Pasteurized Cultured Milk, Salt, Enzymes), Water, Jalapeno Peppers, Bell Peppers, Cream, Sodium Phosphates, Salt, Sorbic Acid (Preservative), Oleoresin Capsicum), Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Rennet, Salt), Pasteurized Process Monterey Jack Cheese (Monterey Jack Cheese (Pasteurized Milk, Salt, Cheese Cultures, Enzymes), Water, Sodium Phosphates, Cream, Salt)], Spinach, Black Beans (Black Beans, Water), Corn, Bell Peppers, Water, Binder (Modified Food Starch (Corn), Corn Starch, Methyl Cellulose, Egg White Powder, Xanthan Gum, Guar Gum), Seasoning (Spices, Salt, Corn Syrup Solids, Hydrolyzed Soy Protein, Honey, Brown Sugar, Wheat Starch, Autolyzed Yeast Extract, Natural Flavors, Maltodextrin, Molasses, Garlic Powder, Hydroxylated Lecithin), Cilantro, Fully Refined Soybean Oil, Jalapeno Peppers (Jalapeno Peppers, Salt, Acetic Acid), Minced Garlic in Water. Tortilla - Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine, Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Contains 2% or less of the following: Salt, Leavening (Baking Soda, Sodium Aluminum Sulfate, Corn Starch, Monocalcium Phosphate and/or Sodium Acid Pyrophosphate, Calcium Sulfate), Dough Conditioners (Fumaric Acid, L-Cysteine), Calcium Propionate. Guar Gum.

ALLERGENS: Milk, Wheat, Soy, Egg

HEATING INSTRUCTIONS:

CONVENTIONAL OVEN: THAW UNDER REFRIGERATION. PREHEAT OVEN TO 375F. REMOVE FROM PLASTIC BAG. PLACE ON A BAKING SHEET. BAKE FOR 10 – 12 MINUTES OR UNTIL INTERNAL TEMPERATURE REACHES 165F

MICROWAVE: (FROM REFRIGERATION) REMOVE FROM PLASTIC BAG. PLACE ON A MICROWAVE SAFE DISH. MICROWAVE ON HIGH FOR 30 – 45 SECONDS. (FROM FROZEN) REMOVE FROM PLASTIC BAG. PLACE ON A MICROWAVE SAFE DISH. MICROWAVE ON HIGH FOR 1 – 1 ½ MINUTES.

	Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat	6g	9%	Total Carb.	14g 5%
Sat. Fat	2.5g	13%	Dietary Fiber	1g 4%
Trans Fat	0g		Sugars	0g
Cholest	10mg	3%	Protein	5g
Sodium	310mg	13%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				

Nutrition Facts

Serv. Size 1 piece (57g)
Servings Per Container 12

Calories 130
Fat Cal. 50

Vitamin A 8% • Vitamin C 2% • Calcium 8% • Iron 6%